

# SCHOOL LUNCH HERO DAY™

May 2019

## MIDDLE SCHOOL LUNCH

HAVE A GREAT DAY  
full of productivity and good vibes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 CHICKEN SOUP HOMEMADE SM ROLL CHEESE STICK SALTINE CRACKER STEAMED PEAS MANDERIN ORANGE HEALTHY CHOICE BAR FRESH FRUIT, ASSORT	2 BEEF & MAC MEAL STEAMED CARROTS COIN GINGER SNAP COOKIE HEALTHY CHOICE BAR FRESH FRUIT, ASSORT	3 * NO SCHOOL FRIDAYS
6 CHICKEN TACO STEAMED CORN REFRIED BEANS PEACHES FRESH FRUIT, ASSORT	7 PIZZA RIPPERS PEP MARINARA SAUCE STEAMED BROCCOLI VEGGIE CUPS FRUIT COCKTAIL FRESH FRUIT, ASSORT HEALTHY CHOICE BAR	8 LASAGNA DINNER HOMEMADE SM ROLL PEAS & CARROTS APPLESAUCE HEALTHY CHOICE BAR FRESH FRUIT, ASSORT	9 CHICKEN FRIED BEEF MASHED POTATOES BROWN GRAVY HOMEMADE SM ROLL GREEN BEANS PEARS HEALTHY CHOICE BAR FRESH FRUIT, ASSORT	10 * NO SCHOOL FRIDAYS
13 HOTDOG ON A BUN VEGGIE CUPS CUCUMBERS PEARS FUDGE BROWNIE FRESH FRUIT, ASSORT	14 BEEF SOFT TACO STEAMED CORN FRUIT COCKTAIL JELLO CUPS FRESH FRUIT, ASSORT HEALTHY CHOICE BAR	15 PB&J SANDWICH CHEESE STICK SUNCHIPS SIDEKICK FROZEN ICEE VEGGIE CUPS RICE CRISPY TREAT	16 K-6 NO SCHOOL - INSERVICE	17 * NO SCHOOL FRIDAYS
20 HAMBURGER ON A BUN SIDEWINDER FRIES RAINBOW FRUIT SALAD FRESH FRUIT, ASSORT	21 * SENIOR'S LAST DAY COOKS CHOICE	22 * GRADUATION COOKS CHOICE	23 * LAST DAY OF SCHOOL PB&J SANDWICH CHEESE STICK SUNCHIPS SIDEKICK FROZEN ICEE VEGGIE CUPS RICE CRISPY TREAT	24
27 MEMORIAL DAY NO SCHOOL	28	29	30	31

### School News

NO CHARGING AS OF  
MAY 1ST

Meal Price:

Reduce: \$.40

K-4 Full Pay: \$2.65

5-12 Full Pay: \$2.90

Adult: \$3.90

Ala Cart Milk: \$.35

Salad Bar is now  
offered.

Milk is offered with  
every meal.



Serving Date	Recipe	Allergens
05/01/2019	R-0247 - CHEESE STICK	Milk
	R-0306 - MILK, VARIETY	Milk
	R-0360 - BUN/ROLL, HOMEMADE WHOLE WHEAT, 1.5oz	Milk, Wheat
	R-0361 - CHICKEN, SOUP, HOMEMADE	Wheat
	R-0402 - SALTINE CRACKER	Wheat, Soybeans
05/02/2019	R-0417 - SALAD BAR	Milk, Eggs
	R-0306 - MILK, VARIETY	Milk
	R-0364 - COOKIE, GINGER	Milk, Wheat, Soybeans
	R-0401 - BEEF W/ MACARONI (MEX)	Wheat, Soybeans
05/06/2019	R-0417 - SALAD BAR	Milk, Eggs
	R-0306 - MILK, VARIETY	Milk
05/07/2019	R-0562 - TACO, CHICKEN, SOFT WG 8"	Milk, Wheat
	R-0226 - PIZZA RIPPERS, PEPPERONI	Milk, Wheat, Soybeans
05/08/2019	R-0306 - MILK, VARIETY	Milk
	R-0417 - SALAD BAR	Milk, Eggs
	R-0551 - VEGETABLE CUPS, CARROTS, CELERY, RANCH	Milk, Eggs
	R-0207 - LASAGNA DINNNER MIX	Milk, Wheat
05/09/2019	R-0306 - MILK, VARIETY	Milk
	R-0360 - BUN/ROLL, HOMEMADE WHOLE WHEAT, 1.5oz	Milk, Wheat
	R-0417 - SALAD BAR	Milk, Eggs
	R-0217 - BEEF, CHICKEN FRIED PATTIE 3oz	Wheat, Soybeans
	R-0291 - POTATO, REAL MASHED, IDAHOAN .5cup	Milk (MAY CONTAIN), Soybeans (MAY CONTAIN)
05/13/2019	R-0306 - MILK, VARIETY	Milk
	R-0360 - BUN/ROLL, HOMEMADE WHOLE WHEAT, 1.5oz	Milk, Wheat
	R-0417 - SALAD BAR	Milk, Eggs
	R-0644 - GRAVY, BROWN MIX	Milk, Wheat, Soybeans
	R-0551 - VEGETABLE CUPS, CARROTS, CELERY, RANCH	Milk, Eggs
05/14/2019	R-0636 - FRANK, TURKEY ON A BUN-K-8	Milk, Wheat, CORN SYRUP
	R-0673 - BROWNIE, HOMEMADE, .25gn	Milk, Wheat
	R-0306 - MILK, VARIETY	Milk
05/15/2019	R-0417 - SALAD BAR	Milk, Eggs
	R-0544 - TACO, BEEF, SOFT WG 8"	Milk, Wheat
	R-0210 - SANDWICH, PB&J (GRAPE OR STRAW)	Peanuts, Wheat, Soybeans
05/15/2019	R-0247 - CHEESE STICK	Milk
	R-0306 - MILK, VARIETY	Milk
	R-0551 - VEGETABLE CUPS, CARROTS, CELERY, RANCH	Milk, Eggs
	R-0612 - CHIPS, SUNCHIPS, MULITGRAIN, CHEDDER OR ORG	Milk, Wheat

05/15/2019	R-0701 - MARSHMELLOW RICE CRISPY TREAT	Milk, Soybeans
05/20/2019	R-0306 - MILK, VARIETY	Milk
	R-0358 - SALAD, FRUIT W/ COCONUT	Milk, TreeNuts (COCOUNT)
	R-0408 - BEEF PATTIE W/ HOMEMADE BUN	Milk, Wheat, CORN SYRUP
05/23/2019	R-0210 - SANDWICH, PB&J (GRAPE OR STRAW)	Peanuts, Wheat, Soybeans
	R-0247 - CHEESE STICK	Milk
	R-0306 - MILK, VARIETY	Milk
	R-0551 - VEGETABLE CUPS, CARROTS, CELERY, RANCH	Milk, Eggs
	R-0612 - CHIPS, SUNCHIPS, MULITGRAIN, CHEDDER OR ORG	Milk, Wheat
	R-0701 - MARSHMELLOW RICE CRISPY TREAT	Milk, Soybeans